



NEWSLETTER #2

18th November 2022

SET UP AND PACK UP HELP

the committee and our set-up helpers arrive early each week to set up equipment on the oval. This set up duty counts as a unit for the parent participation refund. Set up duties include setting up the long jump pit, throws events, high jump mats and shade tents around the oval.

If you have an interest in helping out in this way, please reach out to the club and we can include you in co-ordination of set-up before a given weekend meet.

A reminder that if you are the last group at an activity (grey in the meet program) please neatly pack all the equipment away. This will make it much easier on our pack-up team.

Furthermore, many hands make light work. So if you see an opportunity to help out with setting up or packing up equipment at any time during our meet, please jump in and help out. Thanks!

PROOF OF AGE DOCUMENTS

Some families have yet to bring along their proof of age documents for their children. If that is you, please remember to bring it along this weekend and see a committee member at the registration desk between 2:15 – 2:45 pm. Thank you

CALENDAR CHANGE

This year it is our turn to host the Western Suburbs Games. We had intended to hold this event at the UQ athletics track. Additionally, we looked to hold our last meet there. Unfortunately, we have been informed by UQ that their schedule for resurfacing of the track has slipped and will now not be completed until sometime Q2 2023, meaning we will not be able to host these meets there.

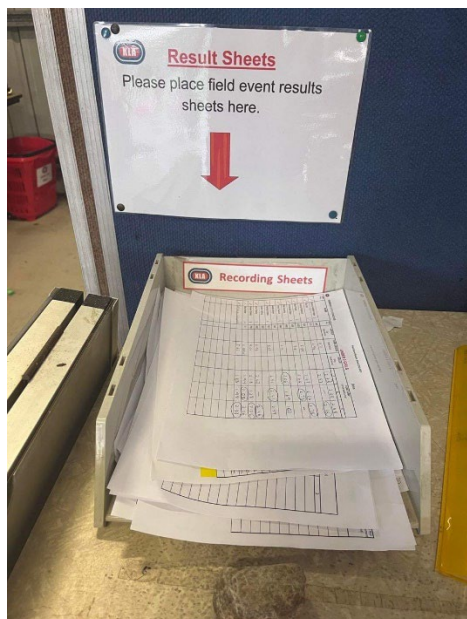
This is disappointing however, we will be able to hold these events at Kenmore SHS. We have updated the Calendar we reflect this change which you can find at the end of this newsletter or on our website.

AGE MARSHAL RECORDING SHEETS

Thankyou to all our helpers that Age Marshall and record our athletes each week. If you are doing this activity we would like to ask that you complete the following steps when your age group has competed their events for the day.

- Remove recording sheet from the Age Marshal folder and place in Recording Sheet tray on the table at the shed.
- Put Age Marshal folder in red baskets

This we help ensure that we don't lose any sheets and athletes will have their results recorded in ResultsHQ



COLES SUMMER CARNIVAL RESULTS

A huge congratulations to the athletes below who competed in the Coles Summer Carnival on 22nd October 2022.

Aliyah Moss	Amelia Egan
Anabelle Doherty-Bigara	Annaliese Egan
Ashton Moss	Elyse Rolison
Erin Sams	Felicity Curtain
Flynn Noble	Frank Hewitt
Harrison Egan	Henry Hewitt
Isabell Everitt	James Forkgen
James O'Donnell	Jessie Kleingeld
Lachlan Cleary	Laird Walne
Laura Jeuken	Liam Gist
Liam Lawrence	Mack Sargent
Miller Exintaris	Millie Sargent
Sadie Gelling	Skye Houston
Skyla Simpson	Sylvie Oxley
William Law	

Most of our athletes who did compete performed PB's and some even received medals in their respective events. Congratulations to the following athletes who placed 1st- 4th at the Coles Summer Carnival.

CONGRATULATIONS

Aliyah Moss – 1st Triple Jump, 2nd 200m, 3rd 80m Hurdles, 3rd Long Jump & 4th 100m

Annabelle Doherty-Bigara U9 – 4th High Jump

Ashton Moss U12 – 1st Long Jump, 4th 100m & 4th Javelin

Elyse Rolison U13 – 1st 200m & 2nd 100m.

Henry Hewitt U10 – 2nd High Jump

Lachlan Cleary U12 – 3rd 1500m

Laird Walne U9 – 2nd 60m Hurdles

Laura Jeuken U10 – 4th High Jump

Mack Sargent U10 – 1st High Jump, 3rd Discus & 4th Shot Put



Met West Regional Relays

Firstly, a big **CONGRATULATIONS** to all our little athletes who competed in the Regional Relay Day at Ipswich on Sunday 6th November. We had a fabulous day and it was great to see so many athletes and families cheering on our teams. Thank you so much to all the parent volunteers who helped at the long jump pit.

We have some great results to report from the relay day. The following teams/athletes have qualified for the McDonalds State Relay Championships by placing 1st, 2nd or 3rd in their respective events. They will be competing on **Saturday 3rd December at SAF, Nathan.**

CONGRATULATIONS!!!

U9 GIRLS			
4 x 100m (2nd) Mia Duesing Bianca Hoblik-Yates		4 x Swedish Relay (2nd) Mia Duesing Mia Parker Annaliese Egan Bianca Hoblik-Yates	
U9 BOYS			
4 x 100m (2nd) Harry Williams Noah Egan		4 x Swedish Relay (2nd) Alexander Everitt Laird Walne Noah Egan Charlie Scales	
U10 GIRLS			
4 x Swedish Relay (3rd) Ariane Buchanan Skyla Simpson Imogen Pool Anabelle Doherty-Bigara		Shot Put (1st) Lauren Jones Anabelle Doherty-Bigara	
High Jump (2nd) Anabelle Doherty-Bigara Imogen Pool			
U10 BOYS			
4 x Swedish Relay (2nd) Miller Exintaris Eli Bleakley Mack Sargent Samuel Felber		Shot Put (2nd) Mack Sargent Samuel Felber	
U11-13 MIXED			
4 x 100m (2nd) Harrison Egan Joshua Aloia Millie Sargent Evan Nicoll		4 x Distance Medley (1st) Skye Houston Evan Nicoll Harrison Egan Joshua Aloia	
U12 MIXED			
Discus (1st) Flynn Noble Jessie Kleingeld			
U13 GIRLS			
4 x 100m (1st) Leah Leembruggen Skye Houston Aliyah Moss Elyse Rolison		4 x Distance Medley (1st) Elyse Rolison Aliyah Moss Leah Leembruggen Millie Sargent	
High Jump (2nd) Elyse Rolison Aliyah Moss			

We also had some fabulous results in our U7 and U8 age groups. These children received participation medals and don't go through to the State Relay Day. Their results are below:

U7 Girls 4 x 70m & 4 x 100m relay (2nd)

Arabella Everitt Maddison Duesing
Aria Hume Eve Walne

U7 Boys 4 x 70m & 4 x 100m relay (1st)

Owen Williams Harrison Parker
Mason Egan Carter Ng

U7 Boys Long Jump (2nd)

Carter Ng & Mason Egan

U7 Boys Discus (2nd)

Owen Williams & Sasen Munasinghe

RELAY DAY PHOTOGRAPHS





SEASON CALENDAR

2022-2023



As the calendar is subject to change, please ensure that you read the club newsletters and check the whiteboard carefully each week.

2022			
Month	Date	Day	Competition /Event
JULY	Online Registrations OPEN		
AUGUST			
SEPTEMBER	3 rd	Saturday	Sign-on – Registration Pack Pick-up 12pm-3pm
	10 th	Saturday	KLA meet 1
	17 th	Saturday	KLA meet 2
	24 th	Saturday	School Holidays
OCTOBER	1 st	Saturday	School Holidays
	8 th	Saturday	KLA meet 3
	15 th	Saturday	KLA meet 4 * Club Photo Day *
	22 nd	Saturday	Coles Summer Carnival @ SAF
	29 th	Saturday	KLA meet 5
NOVEMBER	6 th	Sunday	Met West Regional Relay Day @ Ipswich
	12 th	Saturday	KLA meet 6
	19 th	Saturday	KLA meet 7
	26 th	Saturday	KLA meet 8
DECEMBER	3 rd	Saturday	McDonalds State Relay Day @ SAF
	10 th	Saturday	KLA meet 9
CHRISTMAS HOLIDAY BREAK 10 th December – 22 nd January			
2023			
JANUARY	14 th	Saturday	School Holidays
	21 st	Saturday	KLA Meet 10
	28 th	Saturday	KLA meet 11
FEBRUARY	4 th	Saturday	Met West Regional Championships @ Ipswich
	5 th	Sunday	
	11 th	Saturday	KLA meet 12
	18 th	Saturday	Western Suburbs Games @ KLA
	25 th	Saturday	KLA meet 13
MARCH	4 th	Saturday	KLA meet 14
	4 th	Saturday	McDonalds Combined Event Championships @ SAF
	5 th	Sunday	
	11 th	Saturday	KLA meet 15
	18 th	Saturday	KLA meet 16
	24 th	Friday	McDonalds State Championships @ Townsville
	25 th	Saturday	
	26 th	Sunday	
APRIL	1 st	Saturday	KLA PRESENTATION DAY @ Riverside Rocks