
UNIFORM POLICY

The wearing of uniforms in Little Athletics performs two very important tasks, to provide protection from the elements and to provide a means of identification of the athlete in a consistent and tidy manner.

Little Athletics Queensland (LAQ) strongly recommends affiliated Centres specify materials with appropriate UV protection ratings when designing Centre uniforms. It is strongly recommended that athletes in the U13 - U17 age groups wear the approved Centre polo shirt or sun safe compliant top when on the competition arena between trials.

All competing athletes must be attired in the correct Centre uniform, which conforms to the Centre design and colours approved by LAQ. The uniform must be worn in compliance with the items design, e.g. not rolled up or down. Failure to comply with this will lead to the athlete not being allowed to enter the competition arena.

Centre uniforms must abide by the following:

Crop Tops/Singlets (U13 - U17 athletes only)

- Approved crop tops and/or singlets may only be worn by U13 - U17 athletes
- Singlets, and the depth of the crop tops are to be of sufficient size to clearly display the registration label so that the registration number and sponsor logo are entirely visible. The depth of the Crop Top must not be less than 150mm.

Shirts/Tops/Bodysuits

- Shirts/Bodysuits must have sleeves and collars
- The minimum specification for the sleeve area is to be of sufficient size to cover the shoulder and deltoid area
- Collars must be designed to ensure that the neckline of the shirt/bodysuit is high and narrow enough to provide sun safe protection for the nape and chest area of the athlete
- The shirt must overlap the bike pants/shorts/skirt by not less than 10cm
- Compression garment tops must be the approved centre uniform in colour or be predominantly black.
- Bodysuits (uni-tard/one piece): Pants incorporated as part of the bodysuit shall extend a reasonable length down the legs covering the buttocks and the upper thigh or bike pants must be worn with the bodysuit

Shorts/Skirts/Bike Pants/Compression Garments (e.g. Skins)

- Uniform bottoms are defined as bike pants/compression garments, sports shorts (suitable for track and field)
- The colour for Shorts/Skirts/Bike Pants/Compression Garments shall comply with the approved centre uniform colour or be predominantly black
- Bike pants, compression garments and shorts shall be above knee length for walks events. Athletes not in walks events may wear full length compression garments or tights on their legs
- Bike pants/compression garments shall extend a reasonable length down the legs covering the buttocks and the upper thigh (not bikini/bummer style)
- If boys choose to wear bike pants/compression garments as part of their uniform, they must wear sports shorts over the top. Bike pants/compression garments on their own are not acceptable for boys

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- Bike pants/compression garments may be worn under shorts as long as they are the correct uniform bottom colour or predominantly black.

Age Labels/Registration Numbers/LAA

- Registration patches are to be affixed to the front of the uniform top and must be entirely visible
- The age label is to be affixed to the left shirt sleeve or, in the case of a crop top or singlet, on the left side of the shorts or similar
- The right sleeve and front right chest side of the uniform top must be reserved for LAA sponsorships
- LAQ reserves the right to set aside other parts of Centre uniforms for LAQ sponsorship as approved by the Board of Directors

Logos/Sponsorship

- The total space allocated for Centre sponsorship logos is a maximum of 10cm×5cm on shorts and 30cm×10cm on uniform top
- Any Centre sponsorship logos must not conflict with LAQ sponsors or be of an inappropriate nature for children's sport (e.g. gambling or alcohol related sponsorship). If there is doubt as to whether a sponsor is inappropriate, prior approval must be obtained from LAQ
- No other logo, including manufacturers logos, is to be displayed on the shirts, singlets or crop top
- Any logos on uniforms that do not follow the above guidelines will be covered or the athlete will be asked to remove them

Socks

- Socks or compression socks are not considered part of the Centre uniform.